

UC San Diego Health

The right primary care provider,
right here for you.

PROVIDER DIRECTORY



More reasons to choose UC San Diego Health

You want the best health care possible — when and where you need it. At UC San Diego Health, you get it all. Our hospitals are ranked #1 in San Diego and #5 in California by U.S. News & World Report. We offer same-day Express Care and Urgent Care, online appointment scheduling, and an app that enables you to message your doctor and take care of other health tasks.

Convenient Primary Care

Our primary care providers are located throughout the county, with services in Rancho Bernardo, Encinitas, Eastlake, Pacific Highlands Ranch and more.

Same-Day Care

Walk in or save your spot online at our Urgent Care and Express Care clinics.

Versatile Online Tools

The MyUCSDHealth app supports online scheduling, video visits, messaging with your doctor and prescription refill requests.

World-Class Cancer Care

Our NCI-designated Comprehensive Cancer Center offers leading-edge treatments and clinical trials.

Cardiovascular Institute

Our comprehensive cardiovascular services are ranked among the top 25 in the nation for cardiology and heart surgery.

More Childbirth Options

We have a large staff of physicians and midwives, as well as high-risk specialists and advanced equipment, a holistic birth center and doula services.

Expert Mental Health Care

Our patients have access to psychiatry and behavioral health services — including specialty programs not widely available elsewhere — for all ages.

Pediatrics and Adolescent Medicine

We pride ourselves on compassionate care, including an affiliation with Rady Children's Hospital for specialty services. Same-day and next-day sick visits are available at locations throughout the region.

Joint Care and Orthopedics

We offer innovative surgical and nonsurgical treatments for hips, knees, shoulders and spines.

Leader in Health Care Excellence

We are recognized by the Integrated Healthcare Association for achieving top marks for our quality of care and patient experience.

Sports Medicine

Our sports medicine experts — the same ones who take care of the Padres — can help you prevent and recover from injuries.

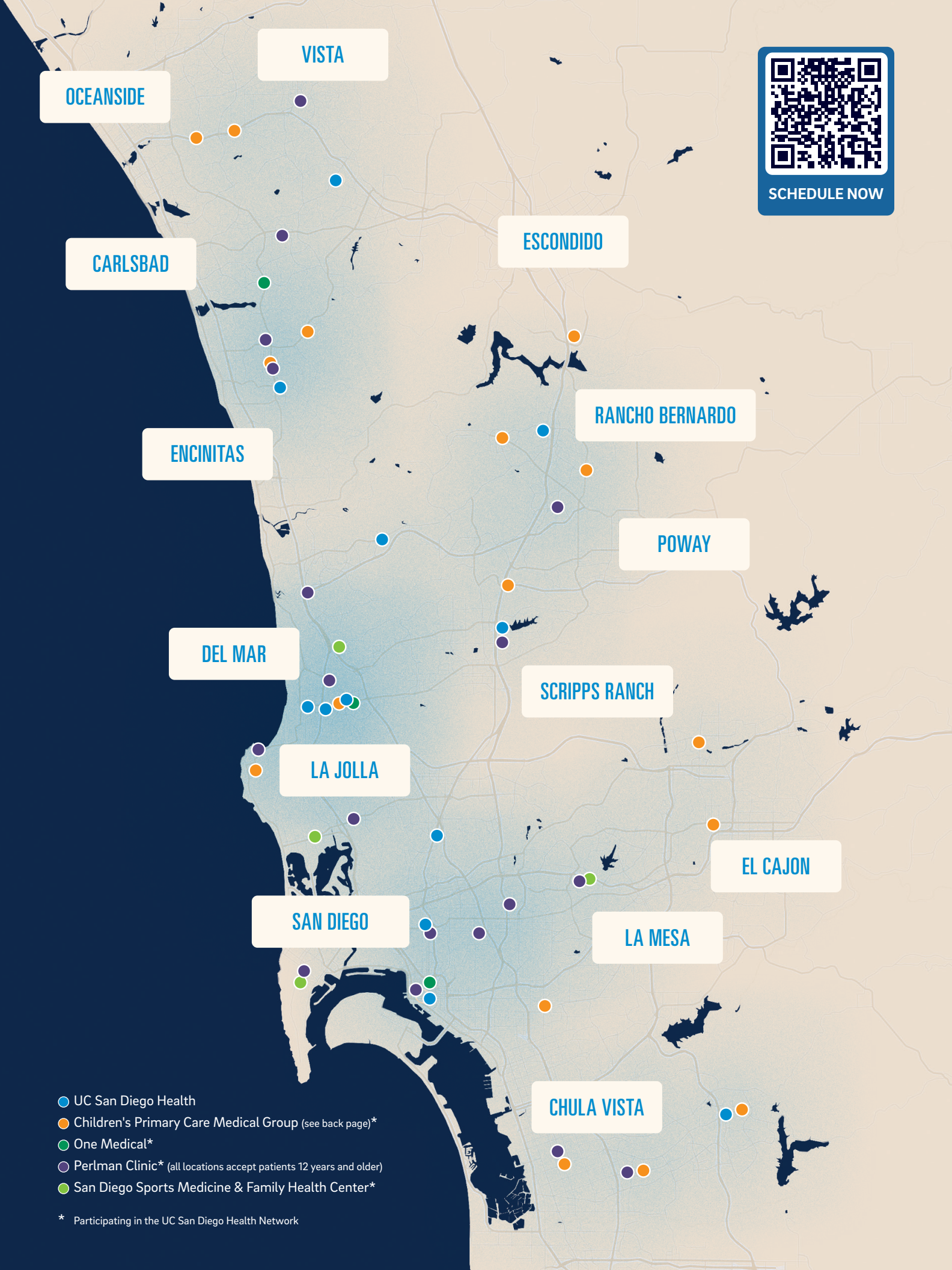
Simple steps to switch your care to UC San Diego Health

It's easy to make the change. UC San Diego Health accepts many health insurance plans to give you access to our world-class providers. Visit getbettercarenow.com to learn how to switch your care to UC San Diego Health.

To find the right primary care physician for you, search our *Find a Provider* network at health.ucsd.edu/providers. You'll find profiles, specialties, locations, videos and other helpful information. Or call us at **800-926-8273** and we'll help you find the right doctors for your family.

Visit health.ucsd.edu for information about our medical specialties, locations, parking and more.

Call us at **858-249-3560** or visit health.ucsd.edu/insurance if you need help making sure your insurance is accepted.



SCHEDULE NOW

- UC San Diego Health
- Children's Primary Care Medical Group (see back page)*
- One Medical*
- Perlman Clinic* (all locations accept patients 12 years and older)
- San Diego Sports Medicine & Family Health Center*

* Participating in the UC San Diego Health Network

Find your provider.

Not all providers are listed. For a full list, visit health.ucsd.edu/providers

Carlsbad

One Medical

7740 El Camino Real Ste. F
Carlsbad, CA 92009
(619) 232-3500
— Donna Mayeda, MD
— Elisha Phelan, NP
— Grace Vettraino, NP

Perlman Clinic

1905 Calle Barcelona Ste. 211
Carlsbad, CA 92009
(858) 799-0933
— Chelsea Ellingson, PA-C
— Hanaah Fannin, PA-C
— Jennifer Neff, MD
— Bahar Rahnamyi, MD
— Diane Solic, FNP-C
— Elizabeth Symanski, FNP-C
— Rhodaline Tootell, MD

Perlman Clinic

2659 Gateway Road Ste. 106
Carlsbad, CA 92009
(760) 671-2220
— Sandra Alexander, MD
— Hannah Fannin, PA-C

Carmel Mountain Ranch

Perlman Clinic

11865 Carmel Mountain Rd.
San Diego, CA 92128
(858) 997-2583
— Carley Anderson, PA-C
— Madalas Bista, MD
— Priya Jagasia, MD

Chula Vista

Perlman Clinic

299 J St.
Chula Vista, CA 91910
(858) 779-2366
— Carina Correa, NP
— Leonardo Domingo, NP

Perlman Clinic

752 Medical Center Ct Ste. 200,
Chula Vista, CA 91911
(619) 421-4311
— Alejandra Vazquez-Bojorquez, MD
— Alonso Chan, PA-C

UC San Diego Health - Eastlake

2295 Otay Lakes Road Ste. 110
Chula Vista, CA 91915
(800) 926-8273
— Justin Choudhari, MD
— Amanda Crawford, MD

Clairemont

Perlman Clinic

3737 Moraga Ave. Ste. B-103
San Diego, CA 92117
(858) 799-0855
— Kelsey Abrahamsen, PA-C
— Erinn Case, FNP-C
— Laura Crites, PA-C
— Raymond Herr, MD

Del Mar

Perlman Clinic

12843 El Camino Real Ste. 203
San Diego, CA 92037
(858) 558-0399
— Ilan Kuperman, MD
— Halee Michel, PA-C
— Maisa Morris, MD
— Lacey Post, PA-C
— Mirza Raheem, MD
— Jamie Switzer, DO

Downtown

One Medical

1230 Columbia Street Ste. 100
San Diego, CA 92101
(619) 232-3500
— David Eisner, MD
— Victoria Bayliss, PA-C
— Daphna Schlomo, PA-C

Perlman Clinic

555 W. C Street Ste. 102
San Diego, CA 92101
(858) 333-4977
— Puneet Bhalrhu, MD
— Uri Guefen, MD
— Kristen Haring, MD
— Devon Lewis, PA-C
— Arzoo Sadiqi, DO

Encinitas

Perlman Clinic

477 N El Camino Real Ste. A200
Encinitas, CA 92024
(858) 766-6007
— Gourab Das, PA-C
— Mark Kalina, MD
— Madison Pachoe, FNP-C
— Elizabeth Symanski, FNP

UC San Diego Health -

Encinitas Blvd

1505 Encinitas Blvd.
Encinitas, CA 92024
(800) 926-8273
— Lindsey Anderson, DO
— Jandark Yuseif, MD

Hillcrest

Perlman Clinic

3900 5th Ave. Ste. 110
San Diego, CA 92103
(858) 554-1212
— Matthew Anderson, PA-C
— Stuart Anderson, MD
— Carly Babis, PA-C
— Puneet Bhalrhu, MD
— William Buchner, MD
— Emily Ence, PA-C
— Cody Jackson, MD
— Breanna Murray, PA-C
— Sabrina Prijatel, PA-C
— Amy Supernaw, PA-C

UC San Diego Health - 4th and Lewis Medical Offices

330 Lewis St. Ste. 400
San Diego, CA 92103
(800) 926-8273
— Julia McPherson, MD
— Megha Shankar, MD
— Dhwanil Vyas, MD
(accepts pediatric patients)

Kensington

Perlman Clinic

4142 Adams Ave. Ste. 102
San Diego, CA 92116
(858) 617-0717
— Lauren Frey, PA-C
— Kristen Haring, MD
— Melanie Shephard, PA-C
— Susan Taylor, MD

Anywhere you are.

Not all providers are listed. For a full list, visit health.ucsd.edu/providers

La Jolla

One Medical

4504 La Jolla Village Dr.
San Diego, CA 92122
(619) 232-3500

- Taylor Dawson, PA
- Robert Hickman, MD
(accepts pediatric patients)

Perlman Clinic

9850 Genesee Ave. Ste. 320
La Jolla, CA 92037
(858) 864-9800

- David Hirshfield, MD
- Kirseten Mott, PA-C
- Mirza Raheem, MD
- Anna Stern, MD
- Katherine Vuong, PA-C
- Michael Wright, MD
- Armando Wu, MD

Perlman Clinic

7855 Ivanhoe Ave. Ste. 110
La Jolla, CA 92037
(858) 869-0188

- Ali Al-Saleh, MD
- Nicholas Canelo, MD
- Monica Perlman, MD
- Ilana Renfroe, FNP

UC San Diego Health - Genesee Avenue

9333 Genesee Ave. Ste. 200
San Diego, CA 92121
(800) 926-8273

- William Andrew, DO
- Graham Heimler, MD

UC San Diego Health - University Center

8899 University Center Lane
La Jolla, CA 92122
(800) 926-8273

- Mustafa Albustani, MD
- Tom Alsaigh, MD

UC San Diego Health -

Villa La Jolla Drive

8910 Villa La Jolla Drive
La Jolla, CA 92123
(858) 203-4962

- Shannon Kim, MD
- Lawrence Ma, MD

La Mesa

Perlman Clinic

6386 Alvarado Ct. Ste. 101
San Diego, CA 92120
(858) 900-9490

- Michael Fangerow, DO
- Cody Jackson, MD
- William Pitt, MD

San Diego Sports Medicine & Family Health Center

6699 Alvarado Rd. Ste. 2100
San Diego, CA 92120
619-229-3909

- Tyler Adamson, DO
- Jeffrey Anthony, DO
- Alex Bernadett, MD
- Michelle Look, MD

Liberty Station

San Diego Sports Medicine & Family Health Center

2448 Historic Decatur Rd
San Diego, CA 92106
(619) 398-2960

- Lee Rice, DO

North Park

Perlman Clinic

3180 University Avenue
San Diego, CA 92104
(858) 529-7229

- Sheri Cameron, MD
- Monika Drzymalski, DO
- Bianca Schoeller, PA-C

Pacific Beach

San Diego Sports Medicine & Family Health Center

1945 Garnet Ave.
San Diego, CA 92109
(858) 224-7977

- Kenneth Anderson, III, DO
- Alexandra Myers, DO
- Elizabeth Williams, DO

Pacific Highlands Ranch

UC San Diego Health -

Pacific Highlands Ranch

6030 Village Way Ste. 200
San Diego, CA 92130
(800) 926-8273

- Monjour Alam, MD
- Victor Mori, DO
- Sheeda Saba, DO

Rancho Bernardo

UC San Diego Health -

Rancho Bernardo

16950 Via Tazon
San Diego, CA 92127
(800) 926-8273

- Pamela Castro, DO
- Brittany Lewis, MD
- Natalia Vasiuk, MD

Scripps Ranch

Perlman Clinic

9909 Mira Mesa Blvd Ste. 110
San Diego, CA 92131
(858) 788-7208

- Daisy Damasco-Gutierrez, MD
- Teresa Dudarewicz, MD
- Monica Tilley, FNP-C

UC San Diego Health -

Scripps Ranch

9909 Mira Mesa Blvd. Ste. 200
San Diego, CA 92131
(800) 926-8273

- Ammar Mandvi, MD

Sorrento Valley

San Diego Sports Medicine & Family Health Center

10505 Sorrento Valley Rd.
San Diego, CA 92121
(858) 793-7860

- Alexandra Myers, DO
- Lee Ralph, MD

Vista

Perlman Clinic

204 South Santa Fe Ave.
Vista, CA 92084
(760) 941-8888

- Stuart Bursten, MD
- Marisa Merritt, FNP-C
- Kelly Rackham, FNP-C
- Phoebe Tabaranza, AGNP-C

UC San Diego Health - Vista

910 Sycamore Ave. Ste. 270
Vista, CA 92081
(760) 697-3000

- Mary Jaramillo, MD
- Sahil Vagha, DO

Pediatrics

Not all providers are listed. For a full list, visit health.ucsd.edu/providers

Carlsbad

CPCMG La Costa*

3257 Camino De Los Coches
Carlsbad, CA 92009
(760) 633-3640
— Elizabeth Burgamy, MD
— Patricia Lee, MD

Carmel Valley

CPCMG Carmel Valley*

11943 El Camino Real
San Diego, CA 92130
(858) 793-1011
— Elena Fishman, MD
— Stuart Rubenstein, MD

Chula Vista

CPCMG Centre Medical Plaza*

865 3rd Avenue
Chula Vista, CA 91911
(619) 426-7910
— Elaine Doringo, MD
— Roxane Santiago, MD

CPCMG Eastlake*

2440 Fenton Street
Chula Vista, CA 91914
(619) 656-3040
— Abraham Broudy, MD
— Emily Fletcher, MD

CPCMG Medical Center Court*

769 Medical Center Court
Chula Vista, CA 91911
(619) 482-3090
— Marc Akashi, MD
— Catherine Yao, MD

El Cajon

CPCMG El Cajon*

844 Jackman Street
El Cajon, CA 92020
(619) 442-2560
— Shilpa Naik, MD
— Anita Pinto, MD

Encinitas

CPCMG Encinitas*

499 N. El Camino Real
Encinitas, CA 92024
(760) 436-4511
— Nancy Clementino, MD
— Randall Metsch, MD

Escondido

CPCMG Citracado*

625 West Citracado Pkwy
Escondido, CA 92025
(760) 746-2641
— Edward Chambers, MD
— Jessica Coullahan, MD

Fallbrook

CPCMG 4S Ranch*

1107 S Mission Road
(760) 451-0070
— Amanda Del Re, MD
— Yendi Linares, MD

4S Ranch

CPCMG 4S Ranch*

16918 Dove Canyon Road
San Diego, CA 92127
(858) 924-1960
— Loubaba Adlouni, MD
— Jaime Friedman, MD

Kearny Mesa

CPCMG Children's Campus*

7910 Frost Street
San Diego, CA 92123
(858) 495-0500
— Ingrid Martinez-Andree, MD
— Ruey-Shiuan Tsang, MD

UC San Diego Health -

Kearny Mesa

7910 Frost Street
San Diego, CA 92123
(858) 496-4800
— Adam Braddock, MD
— Leah Kern, MD

La Jolla

CPCMG Girard*

7300 Girard Avenue
La Jolla, CA 92037
(858) 459-4351
— Wendy Hunter, MD
— Genevieve Parsons, MD

CPCMG Regents*

4150 Regents Park Row
La Jolla, CA 92037
(858) 457-2043
— Sheetal Gandhi, MD
— Kendall Roberts, MD

UC San Diego Health -

Villa La Jolla Drive

8910 Villa La Jolla Drive
La Jolla, CA 92123
(858) 203-4962
— Shannon Kim, MD
— Lawrence Ma, MD

Liberty Station

Perlman Pediatrics

2790 Truxton Road
San Diego, CA 92106
(619) 222-1253
— Tyler Brobst, MD
— Jaya Maewal, MD

La Mesa

CPCMG Alvarado*

6699 Alvarado Road
San Diego, CA 92120
(619) 265-3400
— Stuart Cohen, MD
— Trevor Henderson, MD

Lincoln Park

CPCMG Euclid*

292 Euclid Avenue
San Diego, CA 92114
(619) 262-8624
— Geoffrey Abell, MD
— Azimi Aysun, DO

Oceanside

CPCMG Sanford/Oceanside*

3605 Vista Way Bldg B
Oceanside, CA 92056
(760) 547-1010
— Elizabeth MacIntyre, MD
— Donald Miller, MD

Poway

CPCMG Gateway*

15725 Pomerado Road
Poway, CA 92064
(858) 673-3340
— Hilary Bowers, MD
— Adrienne Lostetter, MD

Rancho Bernardo

CPCMG Via Tazon*

16950 Via Tazon
San Diego, CA 92127
(858) 683-8101
— Patricia Lee, CPNP
— Ryan Lym, MD

Santee

CPCMG Santee*

9600 Cuyamaca Street
Santee, CA 92071
(619) 749-2150
— Tamartha Arlata, MD
— Regina Mangine, MD

Scripps Ranch

CPCMG Scripps Ranch*

12036 Scripps Highlands Drive
San Diego, CA 92131
(858) 566-4444
— Jessie Bowers, MD
— Tari Park, MD

Vista

CPCMG Vista*

2067 West Vista Way
Vista, CA 92083
(760) 945-3434
— Colette Grant, MD
— Veronica Naudin, MD

*CPCMG not currently available for UHC Harmony members