

More reasons to choose UC San Diego Health

You want the best health care possible — when and where you need it. At UC San Diego Health, you get it all. Our hospitals are ranked #1 in San Diego and #5 in California by U.S. News & World Report. We offer same-day Express Care and Urgent Care, online appointment scheduling, and an app that enables you to message your doctor and take care of other health tasks.

Convenient Primary Care

Our primary care providers are located throughout the county, with services in Rancho Bernardo, Encinitas, Eastlake, Pacific Highlands Ranch and more.

Same-Day Care

Walk in or save your spot online at our Urgent Care and Express Care clinics.

Versatile Online Tools

The MyUCSDHealth app supports online scheduling, video visits, messaging with your doctor and prescription refill requests.

World-Class Cancer Care

Our NCI-designated Comprehensive Cancer Center offers leading-edge treatments and clinical trials.

Cardiovascular Institute

Our comprehensive cardiovascular services are ranked among the top 25 in the nation for cardiology and heart surgery.

More Childbirth Options

We have a large staff of physicians and midwives, as well as high-risk specialists and advanced equipment, a holistic birth center and doula services.

Expert Mental Health Care

Our patients have access to psychiatry and behavioral health services — including specialty programs not widely available elsewhere — for all ages.

Pediatrics and Adolescent Medicine

We pride ourselves on compassionate care, including an affiliation with Rady Children's Hospital for specialty services. Same-day and next-day sick visits are available at locations throughout the region.

Joint Care and Orthopedics

We offer innovative surgical and nonsurgical treatments for hips, knees, shoulders and spines.

Leader in Health Care Excellence

We are recognized by the Integrated Healthcare Association for achieving top marks for our quality of care and patient experience.

Sports Medicine

Our sports medicine experts — the same ones who take care of the Padres — can help you prevent and recover from injuries.

Simple steps to switch your care to UC San Diego Health

It's easy to make the change. UC San Diego Health accepts many health insurance plans to give you access to our world-class providers. Visit [getbettercarenow.com](#) to learn how to switch your care to UC San Diego Health.

To find the right primary care physician for you, search our *Find a Provider* network at [health.ucsd.edu/providers](#). You'll find profiles, specialties, locations, videos and other helpful information. Or call us at **800-926-8273** and we'll help you find the right doctors for your family.

Visit [health.ucsd.edu](#) for information about our medical specialties, locations, parking and more.

Call us at **858-249-3560** or visit [health.ucsd.edu/insurance](#) if you need help making sure your insurance is accepted.

Pediatrics

Carlsbad

La Costa

3257 Camino De Los Coches Ste. 202
Carlsbad, CA 92009
(760) 633-3640
— Michael Jacobson, MD
— Patricia Lee, MD

El Cajon

El Cajon

844 Jackman Street
El Cajon, CA 92020
(619) 442-2560
— Rebecca Fink, MD
— Anita Pinto, MD

Chula Vista

Centre Medical Plaza (3rd Ave)

865 3rd Avenue Ste. 101
Chula Vista, CA 91911
(619) 426-7910
— Eleni Capetanakis, MD
— Miguel Cordoba, MD

Medical Center Court

769 Medical Center Court Ste. 300
Chula Vista, CA 91911
(619) 482-3090
— Marc Akashi, MD
— Catherine Yao, MD

Eastlake

2440 Fenton St. Ste. 100
Chula Vista, CA 91914
(619) 656-3040
— Abraham Broudy, MD
— Emily Fletcher, MD

Encinitas

Encinitas

499 N. El Camino Real Ste. B100
Encinitas, CA 92024
(760) 436-4511
— Nancy Clementino, MD
— Randall Metsch, MD

Escondido

Citracado

625 West Citracado Parkway Ste. 200
Escondido, CA 92025
(760) 746-2641
— Cara Cohen, MD
— Jessica Coullahan, MD

La Jolla

Girard

7300 Girard Avenue Ste. 106
La Jolla, CA 92037
(858) 459-4351
— Gretchen Gainor, MD
— Ryan Lym, MD

Regents

4150 Regents Park Row Ste. 355
La Jolla, CA 92037
(858) 457-2043
— Kendall Roberts, MD
— Meera Shah, MD

Oceanside

Sanford/Oceanside

3605 Vista Way Bldg B Ste. 130
Oceanside, CA 92056
(760) 547-1010
— Sarah Daniels, MD
— Donald Miller, MD

Poway

Gateway (Poway)

15725 Pomerado Road Ste. 203
Poway, CA 92064
(858) 673-3340
— Hilary Bowers, MD
— Irene Chang, MD

San Diego

Euclid

292 Euclid Avenue Ste. 220
San Diego, CA 92114
(619) 262-8624
— Geoffrey Abell, MD
— Elizabeth Waters, MD

Alvarado

6699 Alvarado Road Ste. 2200
San Diego, CA 92120
(619) 265-3400
— Stuart Cohen, MD
— Nancy Shiau, MD

Children's Campus

7910 Frost Street Ste. 400
San Diego, CA 92123
(858) 495-0500
— John Hansen, MD
— Patricia Juarez, MD

4S Ranch

16918 Dove Canyon Road Ste. 200
San Diego, CA 92127
(858) 924-1960
— Loubaba Adlouni, MD
— Christian Archambault, MD

Carmel Valley

11943 El Camino Real Ste. 210
San Diego, CA 92130
(858) 793-1011
— Elena Fishman, MD
— Stuart Rubenstein, MD

Scripps Ranch

12036 Scripps Highlands Drive Ste. 102
San Diego, CA 92131
(858) 566-4444
— Jessie Bowers, MD
— Jamie Jordan, MD

Santee

Santee

9600 Cuyamaca Street Ste. 101
Santee, CA 92071
(619) 749-2150
— Rebecca Fink, MD
— Regina Mangine, MD

Vista

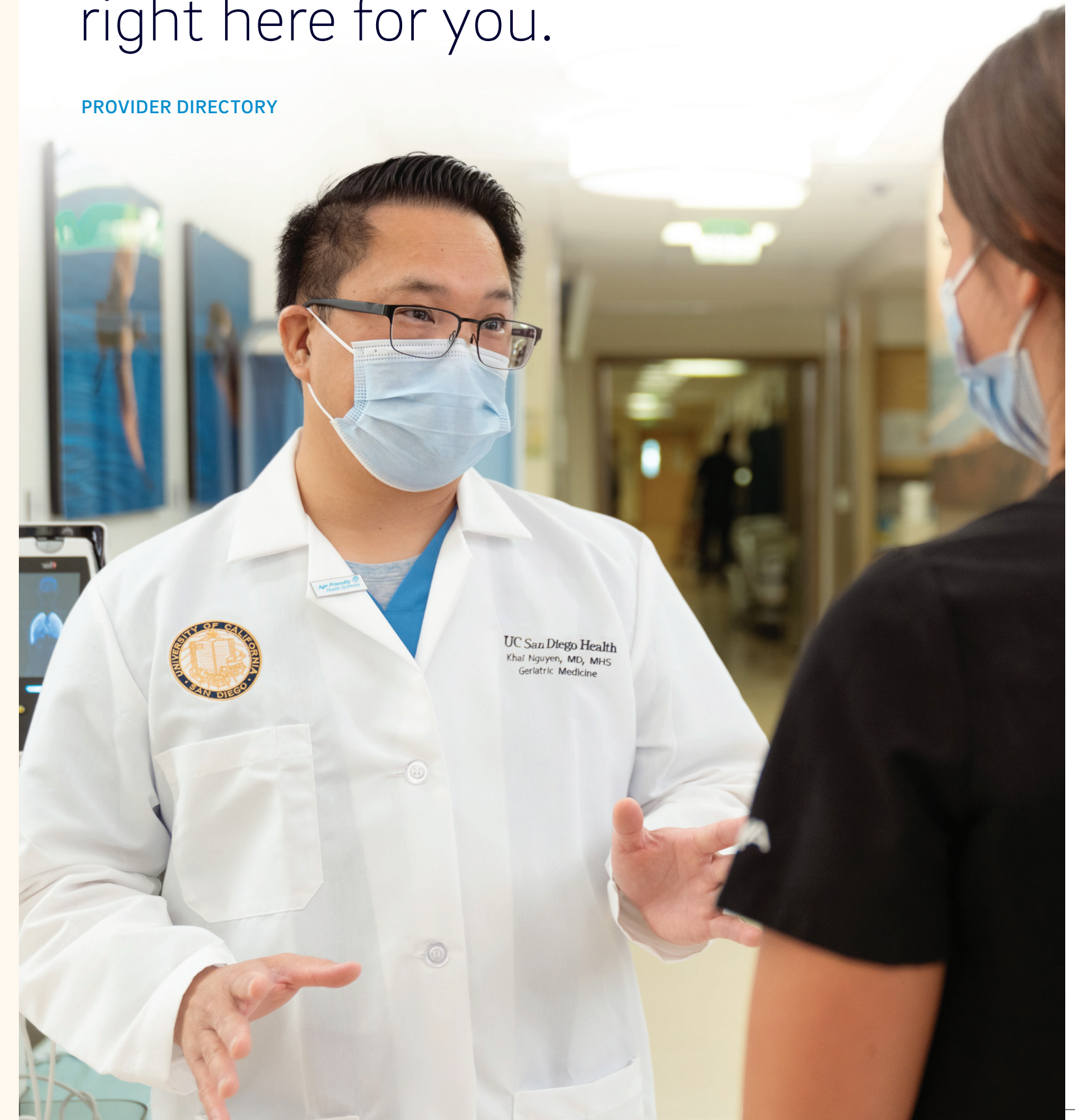
Vista

2067 West Vista Way Ste. 180
Vista, CA 92083
(760) 945-3434
— Stanley Ambo, MD
— Jorge Castro, MD

UC San Diego Health

The right primary care provider, right here for you.

PROVIDER DIRECTORY



Find your provider.

Carlsbad

One Medical

7740 El Camino Real Ste. F
Carlsbad, CA 92009
(619) 232-3500
— John Awad, MD
— Donna Mayeda, MD
— Elisha Phelan, NP

Perlman Clinic

1905 Calle Barcelona Ste. 211
Carlsbad, CA 92009
(858) 799-0933
— Sandra Alexander, MD
— Jennifer Neff, MD
— Bahar Rahnamayi, MD
— Rhodaline Tootell, MD

Chula Vista

UC San Diego Health - Eastlake

2295 Otay Lakes Road Ste. 110
Chula Vista, CA 91915
(800) 926-8273
— Justin Choudhari, MD
— Amanda Crawford, MD

Perlman Clinic

299 J St.
Chula Vista, CA 91910
(858) 779-2366
— Carina Correa, NP
— Leonardo Domingo, NP
— Uri Guefen, MD

Encinitas

UC San Diego Health - Encinitas Blvd

1505 Encinitas Blvd.
Encinitas, CA 92024
(800) 926-8273
— Ian Diaz, MD
— Katherine Uvelli, MD

Perlman Clinic

477 N El Camino Real Ste. A200
Encinitas, CA 92024
(858) 766-6007
— Mark Kalina, MD
— Madison Pachoe, NP
— Elizabeth Symanski, NP

La Jolla

UC San Diego Health - University Center

8899 University Center Lane
La Jolla, CA 92122
(800) 926-8273
— Natalie Prussak, MD
— Mustafa Albustani, MD

UC San Diego Health - Villa La Jolla Drive*

8910 Villa La Jolla Drive
Ste. 350
La Jolla, CA 92123
(858) 203-4962
— Shannon Kim, MD
— Lawrence Ma, MD

Perlman Clinic

7855 Ivanhoe Ave. Ste. 110
La Jolla, CA 92037
(858) 869-0188
— Nicholas Canelo, MD
— Monica Perlman, MD
— Shadi Pezeshki, MD
— Ilana Renfroe, NP

Perlman Clinic

9850 Genesee Ave. Ste. 320
La Jolla, CA 92037
(858) 864-9800
— David Hirshfield, MD
— Mirza Raheem, MD
— Anna Stern, MD
— Rhodaline Tootell, MD

San Diego

UC San Diego Health - Downtown San Diego*

203 West F St.
San Diego, CA 92101
(800) 926-8273
— Elizabeth McQuinn, FNP-C
— Jazel Sambo, FNP-BC

UC San Diego Health - 4th and Lewis Medical Offices

330 Lewis St. Ste. 400
San Diego, CA 92103
(800) 926-8273
— Megha Shankar, MD
— Dhwanil Vyas, MD

UC San Diego Health - Genesee Avenue, La Jolla

9333 Genesee Ave. Ste. 200
San Diego, CA 92121
(800) 926-8273
— Caitlin Macmillen, DO
— Chad Osborne, MD

UC San Diego Health - Kearny Mesa*

7910 Frost St. Ste. 350
San Diego, CA 92123
(858) 496-4800
— Adam Braddock, MD
— Leah Kern, MD

UC San Diego Health - Rancho Bernardo*

16950 Via Tazon
San Diego, CA 92127
(800) 926-8273
— Pamela Castro, DO
— Sabiha Hussain, MD
— Eric Yuan, MD

UC San Diego Health - Pacific Highlands Ranch

6030 Village Way Ste. 200
San Diego, CA 92130
(800) 926-8273
— Monjour Alam, MD
— Sheeda Saba, DO

- UC San Diego Health
- Pediatrics
- One Medical*
- Perlman Clinic*
- San Diego Sports Medicine & Family Health Center*

* 330+ primary care affiliate providers participating in the UC San Diego Health Affiliated Network

* Location offers pediatric services

UC San Diego Health Provider Directory

health.ucsd.edu/providers

Anywhere you are.

San Diego *(continued)*

Perlman Clinic

9909 Mira Mesa Blvd Ste. 100
San Diego, CA 92131
(858) 788-7208
— Daisy Damasco-Gutierrez, MD
— Teresa Dudarewicz, MD
— Monica Tilley, NP

UC San Diego Health - Scripps Ranch

9909 Mira Mesa Blvd. Ste. 200
San Diego, CA 92131
(800) 926-8273
— Robert Lee, MD
— Amy Leu, DO

Perlman Clinic

12843 El Camino Real Ste. 203
San Diego, CA 92037
(858) 558-0399
— Ilan Kuperman, MD
— Maisa Morris, MD
— Mirza Raheem, MD
— Jamie Switzer, DO

One Medical

1230 Columbia Street Ste. 100
San Diego, CA 92101
(619) 232-3500
— David Eisner, MD

Perlman Clinic

555 W. C Street Ste. 102
San Diego, CA 92101
(858) 333-4977
— Puneet Bhalrhu, MD
— Uri Guefen, MD
— Kristen Haring, MD
— Arzoo Sadiqi, DO

Perlman Clinic

3900 5th Ave. Ste. 110
San Diego, CA 92103
(858) 554-1212
— Puneet Bhalrhu, MD
— William Buchner, MD
— Cody Jackson, MD

Perlman Clinic

3180 University Avenue
Ste. 120
San Diego, CA 92104
(858) 529-7229
— Sheri Cameron, MD

San Diego Sports Medicine & Family Health Center

1945 Garnet Ave.
San Diego, CA 92109
(858) 224-7977
— Kenneth Anderson, III, DO
— Alexandra Myers, DO
— Elizabeth Williams, DO

Perlman Clinic

4142 Adams Ave. Ste. 102
San Diego, CA 92116
(858) 617-0717
— Sheri Cameron, MD
— Kristen Haring, MD
— Susan Taylor, MD

Perlman Clinic

3737 Moraga Ave. Ste. B-103
San Diego, CA 92117
(858) 799-0855
— Erinn Case, NP
— Raymond Herr, MD
— Yuliya Yartseva, NP

San Diego Sports Medicine & Family Health Center

6699 Alvarado Rd. Ste. 2100
San Diego, CA 92120
619-229-3909
— Tyler Adamson, DO
— Jeffrey Anthony, DO
— Alex Bernadett, MD
— Michelle Look, MD

Perlman Clinic

6386 Alvarado Ct. Ste. 101
San Diego, CA 92120
(858) 900-9490
— Cody Jackson, MD
— William Pitt, MD

San Diego Sports Medicine & Family Health Center

10505 Sorrento Valley Rd.
Ste. 200
San Diego, CA 92121
(858) 793-7860
— Jeffrey Anthony, DO
— Alex Bernadett, MD
— Alexandra Myers, DO
— Lee Ralph, MD

One Medical

4504 La Jolla Village Dr.
Ste. C-5
San Diego, CA 92122
(619) 232-3500
— Robert Hickman, MD
— Grace Vettraino, NP

Perlman Clinic

11865 Carmel Mountain Rd.
Ste. 1104
San Diego, CA 92128
(858) 997-2583
— Madalasa Bista, MD
— Priya Jagasia, MD

Vista

UC San Diego Health - Vista

910 Sycamore Ave. Ste. 270
Vista, CA 92081
(760) 697-3000
— Karen Cadman, MD
— Neil Levine, MD

Perlman Clinic

204 South Santa Fe Ave.
Vista, CA 92084
(760) 941-8888
— Stuart Bursten, MD
— Marisa Merritt, NP
— Jennifer Neff, MD
— Kelly Rackham, NP

health.ucsd.edu/providers

UC San Diego Health Provider Directory