



‘Save your Spot’ at the below Express Care and Urgent Care Locations.

*Express Care video visits for certain conditions 7 days a week. Schedule an online visit: 800-926-8273 or MyUCSDChart

Express Care Locations*

Downtown San Diego
203 West F St., San Diego, CA 92101

Encinitas
1505 Encinitas Blvd., Encinitas, CA 92024

Chula Vista/Eastlake
2295 Otay Lakes Rd., Suite 110
Chula Vista, CA 91915

Express Care all locations: (800) 926-8273

Urgent Care Locations

La Jolla
8910 Villa La Jolla Drive
La Jolla, CA 92037
(858) 657-7000

Rancho Bernardo
16950 Via Tazon
San Diego, CA 92127
(800) 926-8273

Emergency Room Locations

Medical Center – Hillcrest
200 West Arbor Drive
San Diego, CA 92103
(619) 543-6222

Medical Center – La Jolla
9350 Campus Point Drive
La Jolla, CA 92037
(858) 657-7000

Carlsbad

Concentra

5810 El Camino Real, Carlsbad, CA 92008
(760) 929-8269

Urgent Care 3D

6010 Hidden Valley Rd Suite 150, Carlsbad, CA 92011
(760) 544-8233

Chula Vista

American Family Care (AFC) Urgent Care

760 Otay Lakes Rd, Chula Vista, CA 91910
(619) 821-2300

Concentra

542 Broadway, Chula Vista, CA 91910
(619) 425-8212

Marque Urgent Care

2315 Otay Lakes Rd #306, Chula Vista, CA 91914
(877) 693-6266

Escondido

Concentra

860 West Valley Parkway, Escondido, CA 92025
(760) 740-0707

La Mesa

Concentra

7862 El Cajon Blvd, La Mesa, CA 91942
(619) 697-3093

Marque Urgent Care

6136 Lake Murray Blvd, La Mesa, CA 91942
(877) 693-6266

National City

Concentra

102 Mile of Cars Way, National City, CA 91950
(619) 474-9211

Oceanside

Concentra

3910 Vista Way, Oceanside, CA 92056
(858) 455-0200

San Marcos

Concentra

740 Nordahl Road, San Marcos, CA 92069
(760) 432-9000

Santee

American Family Care (AFC) Urgent Care

10538 Mission Gorge Rd Suite 100, Santee, CA 92071
(619) 456-0033

Concentra

9745 Prospect Ave., Santee, CA 92071
(619) 448-4841

San Diego

American Family Care (AFC) Urgent Care

1740 Rosecrans St, San Diego, CA 92106
(619) 790-7800

American Family Care (AFC) Urgent Care

5671 Balboa Ave, San Diego, CA 92111
(858) 800-2880

American Family Care (AFC) Urgent Care

8260 Mira Mesa Blvd Suite A, San Diego, CA 92126
(858) 900-3550

American Family Care (AFC) Urgent Care

8590 Rio San Diego Dr Suite 111, San Diego, CA 92108
(619) 736-4600

Concentra

10350 Barnes Canyon Road, San Diego, CA 92121
(760) 941-2000

Concentra

3930 Fourth Avenue, San Diego, CA 92103
(619) 297-9610

Concentra

5333 Mission Center Rd., San Diego, CA 92108
(619) 295-3355

Concentra

5575 Ruffin Road, San Diego, CA 92123
(858) 277-2744

Concentra

7590 Miramar Road, San Diego, CA 92126
(858) 549-4255

Marque Urgent Care

4085 Governor Dr, San Diego, CA 92122
(877) 693-6266

Marque Urgent Care

4490 Fanuel St, San Diego, CA 92109
(877) 693-6266

MD Today

10605 Scripps Poway Pkwy, San Diego, CA 92131
(858) 622-0554

MD Today

3830 Valley Centre Dr #702, San Diego, CA 92130
(858) 720-0554

South Bay Urgent Care

1628 Palm Avenue San Diego, CA 92154
(619) 591-9999

Urgent Care & More San Diego

3434 Midway Dr Suite 1003, San Diego, CA 92110
(619) 225-6200