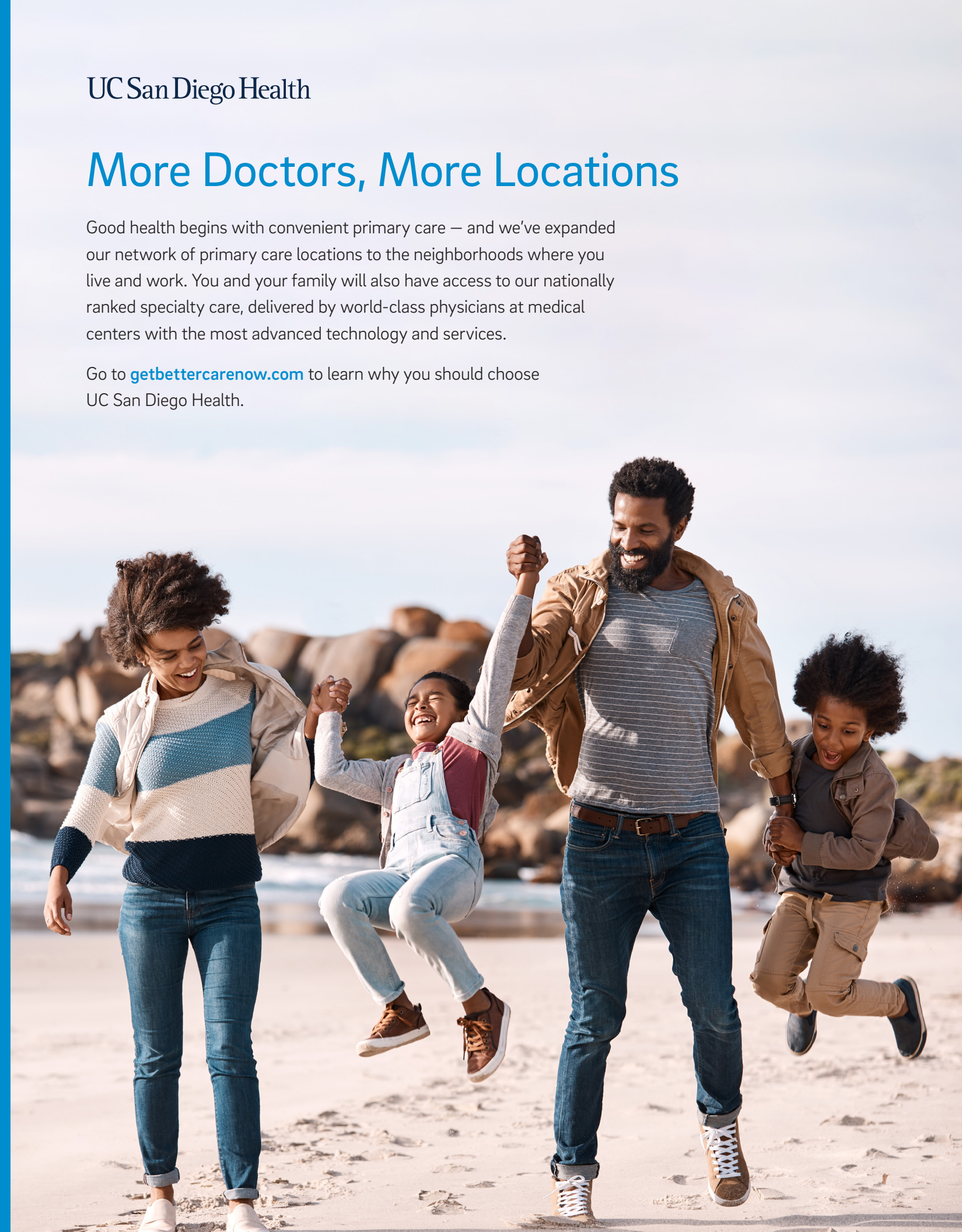


## More Doctors, More Locations

Good health begins with convenient primary care — and we've expanded our network of primary care locations to the neighborhoods where you live and work. You and your family will also have access to our nationally ranked specialty care, delivered by world-class physicians at medical centers with the most advanced technology and services.

Go to [getbettercarenow.com](https://getbettercarenow.com) to learn why you should choose UC San Diego Health.



# More Reasons to Choose UC San Diego Health

You want the best health care possible — when and where you need it. At UC San Diego Health, you get it all. Our hospitals are ranked #1 in San Diego and #5 in California by *U.S. News & World Report*. We offer same-day Express Care and Urgent Care, online appointment scheduling, and an app for messaging your doctor and other health tasks.



## Convenient Primary Care

Our primary care providers are located throughout the county, with services in Rancho Bernardo, Encinitas, Eastlake, Pacific Highlands Ranch and more.



## Expert Mental Health Care

Our patients have access to psychiatry and behavioral health services — including specialty programs not widely available elsewhere — for all ages.



## Same-Day Care

Walk in or save your spot online at our Urgent Care and Express Care clinics.



## Pediatrics and Adolescent Medicine

We pride ourselves on compassionate care, including an affiliation with Rady Children's Hospital for specialty services. Same-day and next-day sick visits are available at locations throughout the region.



## Versatile Online Tools

The MyUCSDHealth app supports online scheduling, video visits, messaging with your doctor and prescription refill requests.



## Joint Care and Orthopedics

We offer innovative treatments — both surgical and nonsurgical — for hips, knees, shoulders and spines.



## World-Class Cancer Care

Our NCI-designated Comprehensive Cancer Center offers leading-edge treatments and clinical trials.



## Leader in Health Care Excellence

We are recognized by the Integrated Healthcare Association for achieving top marks for our quality of care and patient experience.



## Cardiovascular Institute

Our comprehensive cardiovascular services are ranked among the top 25 in the nation for cardiology and heart surgery.



## More Childbirth Options

We have a large staff of physicians and midwives, as well as high-risk specialists and advanced equipment, a holistic birth center and doula services.



## Sports Medicine

Our sports medicine experts — the same ones who take care of the Padres — can help you prevent and recover from injuries.



UC San Diego Health

OFFICIAL HEALTH CARE PROVIDER OF THE PADRES

# Simple Steps to Switch Your Care to UC San Diego Health

It's easy to make the change. UC San Diego Health accepts many health insurance plans to give you access to our world-class providers.

- To find the right primary care physician for you, search our Find a Provider network at [health.ucsd.edu/providers](https://health.ucsd.edu/providers). You'll find profiles, specialties, locations, videos and other helpful information. Or call us at **800-926-8273** and we'll help you find the right doctors for your family.
- Visit [health.ucsd.edu](https://health.ucsd.edu) for information about our medical specialties, locations, parking and more.

Call us at **858-249-3560** or visit [health.ucsd.edu/insurance](https://health.ucsd.edu/insurance) if you need help making sure your insurance is accepted.

